

Family Do's & Don'ts

Greetings family and friends of students;

In an effort to be more effective in the recovery process, we at the Isaiah House have two requests to make of you (1) we need a Testimony of how your life has been throughout the process of his growing addiction and its effects. Please be specific and share any feelings that this time has invoked with honesty. Many addicts do not see that there is pain inflicted on anyone except themselves. (2) We at the Isaiah House have developed a list of priorities (do's and don'ts) to help the recovery of the student.

We must, as a team, be on a unified front in order to help the student and also help to keep the enabler(s) under control. The enablers in the recovering addict's life also need counseling. It is suggested that while the resident is out of the house for this time of recovery that you also get yourself into outpatient treatment.

Here is a list of absolute do's and don'ts to keep us together.

<ol style="list-style-type: none"> 1) Trust the staff always over the student with the addiction. Trust our decisions as to when the student will be ready to go to work, make/ receive phone calls, on site or home visits, corrections or disciplinary action or when he will be ready for release. The student must see the staff and family on a 100% unified front that will not be manipulated by the addiction behaviors of the resident. We must prevent a playing one side against the other. 2) Always report any unauthorized contact. Any phone calls coming from any place other than Isaiah House & without case manager / staff prior arranging the connection should be of suspect. 3) Always report any information valuable to recovery. Examples of this are "Bad Friends", "Bad Family", "Good Friends", "Good Family", and any / all history of abuse.(physical, emotional, mental, and sexual) 4) Inform Isaiah House of all accounts in the student's name such as banking (checking & savings), credit/debit cards, or loans. 	<p>Never encourage any disobedience or to leave early without staff approval. This means tough decisions must be made. Do not give the student a ride out or come pick them up. The addiction may be "speaking" for Months. They will NEVER change until the pain of remaining the same is greater than the pain of change.</p> <p>Never accept or encourage negative information about the Isaiah House, the program, the staff, or other students without approaching staff first.</p> <p>Never encourage or enable unhealthy or unbiblical relationships. Isaiah House will only recognize wives or fiancées. We will not recognize" live-in relationships unless both parties want marriage counseling. We will not allow for any union (sexually) between men or unmarried man and women.</p> <p>Never allow them to go to a store or "out" alone without previous staff approval. 1st and 2nd visit home will always be accompanied by a Drug screen for the family to perform on the resident and return to Isaiah House following the visit. Also have student call the program at least once per day while on visit.</p>
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Family Do's & Don'ts

- 5) Change address of mail to Isaiah House. In order for us to help we must know the whole situation that has developed.
- 6) Encourage them to work the program to its completion of all Five Phases.
- 7) Abstain from any alcohol yourself and throw away any in the house! Abstain from any Tobacco products yourself (quit with him) and any in the house keep locked away when the resident is on home visit. Studies show that men with drug addictions are 70% more likely to stay drug free if they can remain nicotine free. Nicotine is a "gateway" drug. This substance can artificially trigger a stimulant response in the brain in 10 seconds. The students need to learn that any artificial stimulation will quickly put them back into bondage. We (Isaiah House & You) want your family restored with a man completely free! Throw away all drug related items or paraphernalia and/or your drugs! If you have prescribed narcotic medication; keep them under lock and key always along with the prescriptions. Never, send the recovering resident to refill you scripts for you! Throw away all pornographic materials! Follow the rules for sobriety yourself!
- 8) Keep **ALL** Money; including loose/spare change locked up or secure while student is visiting.
- 9) Send the "family/friend" testimony to the case management and counseling of the Isaiah House with in the first 14 days of the students stay at the in the program.

Do not complain about what's going on at home, the bills, the kids, or how difficult it is for you. That will only drive the student out of the program too early. If there is an emergency or immediate need do not to hesitate to let our staff know. We may be able to provide help.

Never – Never – Never give a resident any cash, check, gift card, phone card, food stamps, clothing without pre-approval from case management staff. Isaiah house must maintain control of all recovery aspects and be fully aware of residents needs always. Never give the student any form of tobacco. We are a tobacco free facility and as suck if he is caught will cost him a possible visit and or phone calls. If you want to send money to the resident make it in cash/check to the resident with a designation to one of three accounts held at the Isaiah House for your (COH – Cash On Hand; resident may use as he sees fit or upon need) (Medical- resident may only use for a medical need) (Specific – other specific need/designation in the Memo i.e. Shoes clothing etc.) Send the check or money order to the Executive Director for processing to the stated holding account.

There are only **2** possible end results if they don't break the bonds of this addiction. . .

. . . DEATH or JAIL . . .

We; Family, Friends, and Isaiah House must remain in unity to beat this enemy!

Together with Christ we are more than conquers.